

WHSAA / WCA MEET STANDARDS
STATE CROSS COUNTRY CHAMPIONSHIP MEETS

HOSTS OF THE STATE CROSS COUNTRY CHAMPIONSHIP MEET ARE EXPECTED TO COMPLY WITH THE FOLLOWING REQUIREMENTS:

- I. The meet must be conducted in accordance with NFHS Track and Field rules, specifically Rule 9.
- II. A representative of the WHSAA will be the meet referee. (Rule 9, article 2.)
- III. Prior to the meet, the meet referee (WHSAA representative) will conduct a meeting of meet officials to review rules, responsibilities and expectations.
- IV. The host will provide the following officials :
 - A. Starter (See Rule 9, article 4.)
 - B. Clerk of the Course (See Rule 9, article 5.)
 - C. Chute Director (See Rule 9, article 6.)
 - D. A minimum of four stand-ins (fillers) to replace any runner who falls and cannot continue through the chute after crossing the finish line (See Rule 9, article 6b.)
 - E. A minimum of two persons to serve as Finish Judge and Caller (See Rule 9, articles 7 and 9.)
 - F. A minimum of four Chute Umpires (See Rule 9, article 8.)
 - G. A sufficient number of Course Umpires / Marshals (See Rule 9, articles 11 and 13.)
 - H. Back-up timers.
- V. The entire 5,000 meter course must be marked with a painted line and flags in accordance with NFHS Track and Field, rule 9, section 1.
- VI. To assure accurate individual place finish and team scoring, the following guidelines must be met:
 - A. A numbered bib with a preprinted tearaway that includes the runner's name, school, classification and gender must be provided to all competitors.
 - B. Bibs must be worn on the front of the competitor's uniform.
 - C. A numbered stick or card must be given to each competitor by a chute umpire to assure the correct place finish (other systems may only be used in addition.)
 - D. The numbered stick/card and bib tearaway must be collected at the end of the chute at the scoring table.