



Casper Area Convention
& Visitors Bureau
www.CasperWyoming.info
1 (800) 852-1889

**Pre-Conference Activities – Participants in
Pre-Conference Activities must pay clinic fees.**

Care and Prevention of Athletic Injuries:
July 16-18: \$135 prior July 1: \$150 after July 1
American Room

NFHS Fundamentals of Coaching - \$85
July 19: 9 am – 4 pm
Register @ wcaonline.net or 8:30 am July 19th
Marti Gras Room

First Aid & CPR Class
Wednesday, July 20, 2011
8:00 am – 5:00 pm
Register online @ wcaonline.net
Ball Room B/C

Prices if registered by July 1:
FA & CPR (Adult, Infant, Child): \$60.00
CPR Re-certification \$40.00
(Must show current card)
After July 1:
FA/CPR (Adult, Infant, Child): \$70.00
CPR/AED Re-certification \$50.00
(Must show current card)
Register @ wcaonline.net

WHSAA Sports Medicine Workshop
Wednesday, July 20 9 am – 4 pm
Register @ wcaonline.net or 8:30 am July 20th
Marti Gras Room

Strength Clinic - \$35
Wednesday, July 20, 2011
Sponsored by Hammer Strength/Life Fitness
Ball Room A

Coaches Clinic Registration

Register online @ wcaonline.net
Thursday July 21st Parkway Plaza Hotel

\$60 Pre-Registration clinic fee Paid before
July 15 for WCA members
\$70 Registration clinic fee after July 15 for
WCA members
\$40 WCA Annual Dues



2011 WCA Summer Clinic WIAAA Athletic Directors Schedule

Wednesday, July 20; 8:00-12:00; Champagne Room
Leadership Training Class (LTC) 701
Athletic Administration: “Administration and Application
of Middle School Programs”—Christy Wright

Thursday, July 21; 10:00-3:00; Champagne Room
Leadership Training Class (LTC) 508
Athletic Administration: Legal Issues III: “Hazing, ADA,
Employment Law”—Lee Green

Friday, July 22, 2011; 10:00-3:00; Champagne Room
Leadership Training Class (LTC) 621
Athletic Administration: “Synthetic Fields, Design &
Construction Components”—Mark Nichols

Friday July 22nd

5:30 – Past Presidents & Inductees Reception
Adrian’s Room
6:45 – Doors open for Banquet
7:00 – Hall of Fame/Coach of the Year Banquet

All-Star Saturday

10:30 – Luncheon
2:00 – Volleyball @ Casper College
4:00 – Girls Basketball @ Casper College
6:00 – Boys Basketball @ Casper College

Rules Meetings:

7:30 – 9:00 a.m. Hall of Fame Board of Directors
Senate Room
9:00 – 9:45 a.m. Football Rules Meeting
Wyoming Room
10:00 a.m. WSOA Board of Directors
Meeting Railroad Room



Questions?

Contact:
Heath Hayes, WCA President
(C) (307) 921-1676
heathhayes08@yahoo.com



Clinic Week 2011

Pre-Conference Workshops July 16-20
Theory Classes July 21-22

All-Star Saturday July 23

Parkway Plaza Hotel
Casper, Wyoming
(800) 270-7829
(307) 235-1777




**Casper
Orthopaedics**

**Sports, Spine, Bones,
Joints & Trauma**

Wednesday, July 20, 2011 Barbecue – Parkway Plaza Sponsored by the Casper Sports Attraction Committee & Parkway Plaza FREE – 6:00 pm		
Thursday July 21, 2011 WCA: Theory of Coaching Clinic		
BB – Basketball	FB – Football	WR – Wrestling
GO – Golf	JH – Junior High	SS – Nordic Skiing
SS – Special Sports	SW – Swimming	SO – Soccer
TR – Track & Field	VB – Volleyball	TN – Tennis
8:00 – Golf - Joe Jensen UW @ 3 Crowns 9:00 – Golf – Warren Wilson USGA Rules @ 3 Crowns		
Session #1 General Session 9:30 – 10:45 John Underwood—American Sports Institute		
Session #2 Breakout Session 11:00-11:45 am		
TN	Shoshoni	Dave Boon, Executive Director USTA Wyoming District & Mary Perkins-Tennis Meeting
BB	Natrona	Steve Gosar: "Competitive Practice Drills"
FB	Wyoming	WFCA--Pat Fackrell
GO	Senate	Warren Wilson
TR	Tiffany	Lucky Huber-Head Coach University of South Dakota: "Speed/Strength Conditioning"
SW	Railroad	Bob Steele-USA Swimming: "Fast Swimming, Training, Team Building and Tapering"
VB	Adrian's	Sandy Jebens-Rawlins
WR	Mardi Gras	Dan Clum
JH	Old Town	WCA JH/MS Coaching Milestone Award "Bronze Level Upstairs"
SS	Moose	John Underwood-American Sports Institute: "Drugs in Sports"
SO	Cheyenne	Tom Ralston-Jackson High School-COTY: "Building Com- petitive Practices with Realistic Games"
Session #3 – General Session 12:00-1:30 WCA Business Luncheon Craig Smith, MD: "Hip Pain in the Athlete"		
Session #4 Breakout Session 1:45-2:30 pm		
TN	Washington Tennis Courts	Dave Boon, Executive Director USTA Wyoming District: "Instructional Techniques, Games, and Drill for Large Groups"
BB	Natrona	Steve Gosar: "Defensive Strategies"
FB	Wyoming	Jeff Ketron--Douglas County HS, Castle Rock, CO: "Special Teams"
TR	Tiffany	Lucky Huber-Head Coach University of South Dakota: "Long Jump"
SW	Railroad	Bob Steele-USA Swimming: <i>Fast Swimming, training, team building and tapering</i>
VB	Kelly Walsh	Sandy Jebens-Rawlins
WR	Mardi Gras	Dan Clum
JH	Old Town	Doug Armstrong – Physical Therapist GCSD #1 "Track and Field Warm-Ups for the JH/MS Athlete"
SS	Moose	John Underwood-American Sports Institute: "Peak Training"
SO	Field Session	Adam Buseck-Asst. Coach Regis University: "Attacking Play-Defending Players in the Final 1/3"

Session #5 Breakout Session 2:45-3:30 pm		
BB	Natrona	Larry Shyatt—Men's Head Coach; University of Wyoming "Cowboy Basketball"
FB6	Shoshoni	Scott Trimble/Joe Kupper-Arthur Co. HS, Arthur, NE: "6-Man Offense: Tight & Spread Game"
FB	Wyoming	Jeff Ketron--Douglas County HS, Castle Rock, CO: "Special Teams"
TN	Washington Tennis Courts	Dave Boon, Executive Director USTA Wyoming District: "Top Ten Games Every Coach Should Know"
TR	Tiffany	Lucky Huber-Head Coach University of South Dakota: <i>High Jump/Triple Jump</i>
SW	Railroad	Bob Steele-USA Swimming: <i>Fast Swimming, training, team building and tapering</i>
VB	Kelly Walsh	Sandy Jebens-Rawlins
AD	Adrian's	Lee Green: Legal Issues: "Hazing"
WR	Mardi Gras	Dan Clum—UW Wrestling Alum
JH	Old Town	Doug Armstrong—P. T. GCSD#1 "Head Injuries and Returning to Play"
SS	Moose	John Underwood-American Sports Institute: "Accelerating Recovery"
SO	Field Session	Adam Buseck-Asst. Coach Regis University: "Defending Play-Defending Principles and how to train in blocks of 4 and 8"
Session #6 Breakout Session 3:45-4:30 pm		
BB	Natrona	Larry Shyatt—Men's Head Coach; University of Wyoming "Cowboy Basketball"
FB1 1	Wyoming	Jay Rhodes--Douglas HS, Douglas, WY: "Bearcat Football--Program Development"
TR	Tiffany	Lucky Huber-Head Coach University of South Dakota: <i>Hurdling</i>
SW	Railroad	WHSAA Rules Clinic
VB	Kelly Walsh	Sandy Jebens-Rawlins
JH	Old Town	JH / Middle School Roundtable "Issues and Suggestions"
WR	Mardi Gras	Dan Clum: UW Wrestling Alum
SS	Moose	John Underwood-American Sports Institute: "Nutritional Recovery"
SO	Cheyenne	Soccer Coaches Association Meeting

Thursday Evening – Ball Rooms
7:30 pm WCA Downs Horse Races



Friday July 22, 2011		
Session #7 General Session 8:30 – 9:15 Dan Gable Olympic Gold Medalist		
Session #8 Breakout Session 9:30 – 10:15 am GO 3 Crowns Kyle Nuss: WSGA Director		
BB	Natrona	Mark Nore-BHSU Women's Head Coach: "Creating a Winning Mentality/Earning a Collegiate Scholarship"
FB	Wyoming	Nick Howlett--Carroll College: "Quarterback Play"
FB6	Sho- shoni	Scott Trimble/Joe Kupper-Arthur Co. HS, Arthur, NE: "6-Man Defense: 3-2 & 3-3 Package"
TR	Tiffany	Lucky Huber-Head Coach University of South Dakota: "Pole Vault"
SW	Rail- road	Bob Steele-USA Swimming:
JH	Old Town	WCA JH/MS Coaching Milestone Award "Silver Level Winners"
VB	KW	Dave Brunner-Casper
WR	Mardi Gras	Dan Gable-Olympic Gold Medalist: "Motivational"
SO	Field Session	Jim Gardner-LCCC-Cheyenne East: "Developing a Proper 1 st Touch and Maintaining Possession"
Session #9 Breakout Session 10:30 – 11:15 am		
BB	Natrona	Mark Nore-BHSU Women's Head Coach: "Building a Winning Defense"
FB	Wyom- ing	Nick Howlett--Carroll College: "Giving the QB options"
FB6	Sho- shoni	Scott Trimble/Joe Kupper-Arthur Co. HS, Arthur, NE: 6-Man Philosophy/Practice/ Special Teams
TR	Tiffany	Kyle Kepler-Head Cross Country and Track Coach, University of Utah: <i>Distance Run- ning / Cross Country</i>
SW	Rail- road	Bob Steele-USA Swimming:
VB	KW	Dave Brunner-Casper
WR	Mardi Gras	Dan Clum: UW Wrestling Alum
SS	Moose	John Underwood-American Sports Institute: "Central Nervous System—Sleep"
SO	Field Session	Jim Gardner-LCCC-Cheyenne East: "Attacking Through Pattern Play"
Session #10 – General Session 11:30-12:30 Casper Orthopaedics Nancy Robertson, ATC "Hip Pain Rehab"		

Session #11 Breakout Session 12:45-1:30 pm		
BB	Natrona	Brent Bergen--Chadron State College: "Motion Offense with Dribble Drive"
FB	Wyoming	Jeff Larson, Black Hills State University: "Defensive Back Play"
TR	Tiffany	Kyle Kepler-Head Cross Country and Track Coach, University of Utah: <i>Dis- tance Running / Cross Country</i>
SW	Railroad	Bob Steele-USA Swimming:
VB	KW	Dave Brunner-Casper
WR	Mardi Gras	Dan Clum: UW Wrestling Alum
SO	Cheyenne	Rob Hill-Northwest College-Cody High School-COTY, ODP Coach
Session #12 Breakout Session 1:45- 2:30 pm		
BB	Natrona	Brent Bergen Chadron State College - <i>Skill Development</i>
FB	Wyoming	Jeff Larson, Black Hills State University: <i>Defensive Back Play</i>
TR	Tiffany	Kyle Kepler-Head Cross Country and Track Coach, University of Utah: <i>Sports Psychology: Track and Cross Country</i>
SW	Railroad	Bob Steele-USA Swimming:
VB	Adrian's	Volleyball Coaches Meeting
WR	Mardi Gras	Dan Clum: UW Wrestling Alum
SO	Cheyenne	Tim Barrera-UNC: <i>Training Moves to Beat Opponents</i>
Session #13 Breakout Session 2:45-3:30 pm		
BB	Natrona	Basketball Coaches' Association Meeting and Video Swap Presentation
FB	Wyoming	Legends Hour: Paul Roach
TR	Tiffany	Track Coaches Association
SW	Railroad	Bob Steele-USA Swimming:
VB	Adrian's	Volleyball Rules Clinic
WR	Mardi Gras	Dan Clum: UW Wrestling Alum
SO	Cheyenne	Tim Barrera-UNC: "Attacking Transi- tion"
Session #14 General Session 3:45 – 4:30 Bob Green Montana Tech		